



## **FGWRC Covid-19 Protocol**

### **Do not come into the Centre if you:**

- Are feeling sick,
- Have any COVID-19 symptoms (e.g. fever, cough, runny nose, sore throat, shortness of breath, breathing difficulties),
- Have been in contact with someone who has COVID-19,
- Have travelled outside of Manitoba in the last 14 days.

### **For your appointment:**

- Arrive at your appointment time not beforehand, to limit the amount of people in the office.
- Wash or sanitize your hands immediately upon entering the office.
- Coffee, tea, and water will not be available.
- There is no access to washrooms.
- Staff will provide you with your own tissue pack.
- Masks are required. We can provide you with a mask if needed.
- Clients are not allowed to bring guests or children to their appointments (1 person in the Centre per appointment time).
- Staff wipe everything down after each client.